



## 2023 Sunkist League Swimming & Diving Championships

Hosted by Red Hill Country Club

@ Claremont McKenna College

Axelrood Aquatics Center - 700 N Mills Ave, Claremont, CA 91711

### **Diving Practice Day** - Wednesday, July 19

Each team will be given time on Wednesday to get a dive practice at Claremont McKenna to get used to the boards and facility in preparation for a great competition on Thursday. All Dive sheets must be turned in at the conclusion of your practice, before you leave the facility.

8:00a - 9:45a	GCC
9:45 - 11:30a	VC
11:30a - 1:15p	FHCC
1:15p - 3:00p	SHCC

### **Diving Finals** - Thursday, July 20

The following is an estimated timeline for the start of each dive competition. The boards will be available for the next age group to warm-up as soon as the group before them completes their competition.

7:30am Coaches Meeting

8:00 - 8:30a	Girls 6u Competition	8:45 - 9:15a	Boys 6u Competition
9:35 - 10:05a	Girls 7-8 Competition	10:25 - 10:55a	Boys 7-8 Competition
11:15-11:45a	Girls 9-10 Competition	12:05-12:35p	Boys 9-10 Competition
12:55-1:25p	Girls 11-12 Competition	1:45-2:15p	Boys 11-12 Competition
2:45-3:15p	Girls & Boys 13-14 Competition		
3:45-4:15p	Girls & Boys 15-18 Competition		

## **10 & Under Swimming Prelims** - Friday, July 21

### **Warm-Up Schedule**

**Please have your swimmers ready to enter the water at the start of your warm-up time.**

<b><u>Time</u></b>	<b><u>Lanes 1-6</u></b>	<b><u>Lanes 6-12</u></b>
7:30 - 7:50am	Red Hill	South Hills
7:50 - 8:10am	Glendora	Glendora
8:10 - 8:30am	Friendly Hills	Friendly Hills
8:30 - 8:50	Victoria	Victoria
8:50am	Timers Meeting at the starting blocks	
8:50am	Coaches / Chairs Meeting at the scoreboard	
9:00am	10 & Under Swimming Prelims	

## **11 & Up Swimming Prelims** - Friday July 21

### **Warm-Up Schedule**

**Times may be subject to delay as they are dependent on the conclusion of the morning session.**

<b><u>Time</u></b>	<b><u>Lanes 1-6</u></b>	<b><u>Lanes 6-12</u></b>
12:30 - 12:50pm	Red Hill	South Hills
12:50 - 1:10pm	Glendora	Glendora
1:10 - 1:30pm	Friendly Hills	Friendly Hills
1:30 - 1:50pm	Victoria	Victoria
1:50pm	Timers Meeting at the starting blocks	
1:50pm	Coaches / Chairs Meeting at the scoreboard	
2:00pm	10 & Up Swimming Prelims	



## **Championship Finals** - Saturday, July 22

<b><u>Time</u></b>	<b><u>Lanes 1-6</u></b>	<b><u>Lanes 6-12</u></b>
7:30 - 7:50am	Red Hill	South Hills
7:50 - 8:10am	Glendora	Glendora
8:10 - 8:30am	Friendly Hills	Friendly Hills
8:30 - 8:50am	Victoria	Victoria
8:50am	Timers Meeting at the starting blocks	
8:50am	Coaches / Chairs Meeting at the scoreboard	
9:00am	Opening Ceremonies: Parade of Athletes / National Anthem / Seniors / Dive Champions / Team Cheers	
10:00am	63rd Annual Sunkist League Finals Competition Begins	

### **General Information**

Please Note: The information in this packet is meant to serve as a general guide and is subject to change. Timelines and time frames are estimates only and may be adjusted by the Meet Director as needed.

### **Parking and Drop-off Area**

Coaches and Chairpersons will have designated parking available.

Parking near the pool will be limited. Carpooling is strongly recommended and encouraged. There will be a drop-off and pick-up area to the south of the team area at 6th and Mills Ave. There is parking in the neighborhood south of the pool as well as additional parking available in a lot North of the pool. There will be signs and volunteers to help guide you to your team area and the competition pool. Be sure to allow for adequate time for drop off, parking and walking to the pool area.

### **Team Area**

The tented team area will be located on the field to the West side of the pool. Approximately 20' x 50' area will be provided for each team. Additional tents can be set up adjacent to your team area. Children should be supervised at all times. We suggest parents take turns supervising the team area while each other's swimmers compete. The team area is located in an open public area and it is recommended that you do not leave any personal belongings overnight.



## **Restrooms**

Swimmers will have access to the locker room restrooms on deck. Coaches and pool chairs on deck will also have a locker room separate from the athletes. There are restrooms for spectators located at the east side of the stands. Families will also have access to restrooms inside the Roberts Pavilion Gymnasium. No wet swimmers will be allowed in the gym, nor will any food or drink be allowed inside the gym.

## **Staging Area and Event Access**

Staging will take place at the south-west corner entrance to the pool. ONLY competing athletes, and those with a deck pass will be permitted to enter through this gate. On Saturday; swimmers will be escorted to awards staging in front of the locker rooms after their race.

Spectators will be able enter the grandstands through the gates on either side of the north end of the pool. There will be NO reserved seating in the grandstands. For the viewing pleasure of everyone, there will be no standing or squatting along the front railing of the grandstands area. This must remain a clear walkway.

## **Team Photographer**

ONE (1) team photographer per Club will be allowed in the restricted pool area with an authorized pass in order to take photos of their swimmers. We ask that all photographer passes be visible.

## **Timers Area**

Only timers will be allowed on deck, behind the lanes. (be sure to volunteer for the best seat in the house) Lane assignments are below. While an electronic system is used, each Club should supply their timers with a stopwatch for back-up.

## **Food Service**

There will be multiple food truck options available each day. There will be no scrip used at finals this year. **All purchases will be cash or card.**

## **Results**

Results will be posted near the Team Area and also available on the Meet Mobile app.

## **Merchandise**

Shirts can be purchased through online store

<https://www.swimoutlet.com/collections/rhccswim?groupid=11846>

\*We will have limited shirts available for purchase at the meet. Cash only for shirt sales onsite. No Scrip.



## Timers Required

Each Club will provide timers for the following # of lanes for each session.

Glendora	5
Friendly Hills	3
Red Hill	2
South Hills	3
Victoria	5

Please select your most experienced timers and provide at least 2 groups of timers per day for two 3–4-hour shifts. Please provide each of your timers with a stopwatch.

There will be Timer's Meetings Friday at 8:50am and 1:50pm poolside as well as Saturday morning at 8:50am.

## Timing Lane Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
VC	VC	VC	RHCC	VC	VC
GCC	GCC	RHCC	SHCC	SHCC	SHCC
FHCC	FHCC	FHCC	GCC	GCC	GCC



# Maps

