

## Victoria Club Vikings Swim Meet - Information

Our first meet is coming up; this information is about how a swim meet works, and the key role that you, the parent, take in this process.

### **MEET SIGN-UP:**

First, we need to know who is going to attend the meet. To keep track of this, we need each of you to sign up using our website [www.victoriaclubvikings.com](http://www.victoriaclubvikings.com). Directions on how to declare attendance at a swim meet is on the website. Obviously, emergencies can come up, but it is very important that you let us know if your swimmer is, or is not, going to be there. We need a response from every swimmer. We close the meet sign up a week before a meet so the coaches will have time to enter the swimmers into their events.

### **MEET ENTRIES:**

Now that we know who is attending the meet, we have to make a meet line-up sheet for each age group.

The coaches need to fill in the events with the following guidelines: Each swimmer is limited to a maximum of 4 individual events in dual meets (maximum 3 individual events in Championship Finals). Diving counts as one event. Some swimmers will be placed in 4 individual events and one relay.

Victoria Club Viking coaches enter every swimmer in the butterfly, backstroke, freestyle and breaststroke. Every swimmer age 7 and older needs to swim the 100 IM (Individual Medley – butterfly, backstroke, breaststroke & freestyle) at least once for a time. Coaches will not enter swimmers in both the IM and butterfly in the same meet unless requested.

Swim meets are complicated, but with the help of volunteers, they run efficiently. Thank you in advance for your help with setting up, preparing time cards, recording dive scores, inputting swim times into the computer, running cards, timing and breaking down the deck after a meet.

**Swimmers/Divers must compete in a minimum of one dual meet to qualify for prelims/finals at the end of our season. All swimmers/divers that compete in a minimum of one dual meet will earn a team trophy in August at our poolside trophy party.**